

UNIVERSITY HEALTH SERVICE

University of the Philippines Diliman, Quezon City



HEALTH ADVISORY

We would like to inform the U.P. Diliman Community that the patient who died yesterday, March 21, at the University Health Service is not a confirmed case of meningococcemia, and the mentioned illness is not the main consideration of the attending doctors. However, the apparent signs of septic shock and the rapid deterioration of the patient may lead us to consider the possibility of meningococcemia. The UHS management thus decided to temporarily transfer our Emergency Room to VLP Room 3, to allow for at least 48 hours of UV light disinfection.

The Quezon City Health Office has been duly informed and has officially allowed us to release the body to the relatives, with the advice that their office will do the contact tracing. Moreover, appropriate prophylactic medications have been given to the hospital staff who has directly participated in the resuscitative measures done to the patient.

Meanwhile, we would like to inform the general public that it is safe to consult at the University Health Service and we are resuming our ER operations at its former location effective tomorrow, March 23. Meningococcemia is a dreaded illness with about 40% fatality rate even with the timely administration of antibiotics and close intensive monitoring. It is transmitted through the inhalation of respiratory secretions of the ill person, and so frequent handwashing with soap or ethanol- based sanitizer and observation of respiratory etiquette (cover coughs and sneezes with the elbow or disposable tissue) is very helpful in preventing infections in general. The disease can also be prevented with a vaccine. Please contact our Public Health Unit (Local 2709) for further inquiries.

JESUSA . CATABUI, MD, DPPS

'Acting Director
U.P. Health Service