University of the Philippines Manila
RESEARCH ETHICS BOARD
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25 July 2018

DR. RONALD DEL CASTILLO
Principal Investigator

Re: **UPMREB 2018-239-01**
Prevalence of Mental Health Problems among Filipino University Students: Multi-site, Mixed Methods Research

Dear **DR. DEL CASTILLO**:

We wish to inform you that your study protocol has been reviewed and is hereby granted approval for implementation by the **UP Manila Research Ethics Board (UPMREB) Review Panel 2**. Your study has been assigned study protocol code UPMREB 2018-239-01, which should be used for all communication to the UPMREB Review Panel 2 related to this study. This ethical clearance is valid until 31 July 2019.

The following documents have been approved for use in the study.

1. Study Protocol version 3.0 dated July 2018.
2. Survey Questionnaire: DIWA Mental Health Study version 3.0 dated 20 July 2018.
3. Informed Consent Form: Focus Group Discussion version 3.0 dated July 2018.
4. Statement by the Researcher/Project Staff Taking Consent version 3.0 dated July 2018.
5. Focus Group Discussion Guide version 3.0 dated July 2018.
6. Cross-Cultural Validity of Survey Instruments.

In addition to the abovementioned documents, the following technical document/s was/were included in the review on which this approval was based:

1. Curriculum Vitae of the Principal Investigator, Ronald Del Castillo, PsyD, MSc, MPH

While the study is in progress, we request you to submit to us the following documents:

1. Progress report using the attached UPMREB FORM3(B)2012: Continuing Review Application Form every <as stipulated in the Panel meeting> which includes the following: (*NOTE: In view of active ethical clearance, this report is mandatory even if the study has not started or is still awaiting release of funds.*)

a. Date covered by the report
b. Protocol summary and status report on the progress of the research
c. Status of registration of study in Philippine Health Research Registry (http://registry.healthresearch.ph)
d. Number of participants accrued

2. Withdrawal or termination of participants
   a. Complaints on the research since the last UPMREB review
   b. Summary of relevant recent research literature, interim findings and amendments since the last UPMREB review
   c. Any relevant multi-center research reports
   d. Any relevant information especially about risks associated with the research
   e. A copy of the informed consent document
3. Any amendment/s in the protocol, especially those that may adversely affect the safety of the participants during the conduct of the trial including changes in personnel, must be submitted or reported using the attached UPMREB FORM3(A)2012: Study Protocol Amendment Submission Form.
4. Revisions in the informed consent form using the attached UPMREB FORM 3(A)2012: Study Protocol Amendment Submission Form.
5. Reports of adverse events including from other study sites (national, international) using the attached UPMREB FORM 3(G)2012: Serious Adverse Events Report form, with timelines for submission guided by the attached GL 01 Version 1.1: Guideline on Reporting Serious Adverse Events.
6. Notice of early termination of the study and reasons for such using UPMREB FORM 3(E)2012.
7. Any event which may have ethical significance.
8. Any information which is needed by the UPMREB to do ongoing review
9. Notice of time of completion of the study using UPMREB FORM 3(C)2012: Final Report Form.
10. Application for renewal of ethical clearance 90 days before the expiration date of this approval through submission of UPMREB FORM3(B)2012: Continuing Review Application Form, if the study will continue beyond expiration date of ethical clearance.

Please note that forms may be downloaded from the UPMREB website: **reb.upm.edu.ph**.

Thank you.

Very truly yours,

DR. VIRGINIA DE JESUS
Chair, UPMREB Review Panel 2